

2009 INFORMATION AND SCHEDULE

The lessons will be offered as set forth below. The time slots will be filled on a first come, first serve basis. You may schedule your individual or group (swim practice) four lessons consecutively (four days in a row), or sporadically (two a week, one a week, etc).

AVAILABLE WEEKENDS:

OCTOBER 9 -12
16-19
23-26
30

NOVEMBER 1, 2
20 - 23

DECEMBER 4 - 7
11 - 14

TIME SLOTS:

FRIDAY 4:00 – 7:30 (INDIVIDUAL LESSONS)
SWIM PRACTICE 6:30-7:15

SATURDAY 2:00 – 6:00 (INDIVIDUAL LESSONS)
SWIM PRACTICE 5:00-5:45
ADULT SWIM 10:00-11:00

SUNDAY 2:00- 6:00 (INDIVIDUAL LESSONS)
SWIM PRACTICE 5:00-5:45
ADULT SWIM 1:00-2:00

MONDAY 4:00 – 7:30 (INDIVIDUAL LESSONS)
SWIM PRACTICE 5:45 – 6:30

FEES:

Four individual lessons (10-15-20 minutes)

One student - \$50.00
Two students - \$95.00
Three students - \$140.00
Four students - \$185.00

Swim practice: punch card
5 practices - \$40
10 practices - \$70
15 practices - \$90
20 practices - \$100
unlimited (3 mo) - \$120

ADULT SWIM PRACTICE: Punch card

Stroke technique and drills, swim workouts, building endurance, video taping available upon request.

Tuesday 12:00 – 1:00 p.m.
Wednesday 12:00 – 1:00 p.m.
Thursday 6:30-7:30 p.m.
Saturday 10:00 -11:00 a.m.
Sunday 1:00- 2:00 p.m.

Payment due the first day of lessons. Cash or checks accepted. Please make checks payable to Claudine Wroten. A \$30.00 service fee will be charged for all returned checks. If a lesson is missed without prior notification (no-show), it cannot be rescheduled. If your child is sick, please notify me as soon as possible so I can offer the time slot to someone on the waiting list, and we can then reschedule.

PLEASE SIGN-UP ONLINE @ WWW.LAWRENCESWIMMERS.COM; OR CALL CLAUDINE @ 749-2107.
IF YOU HAVE ANY QUESTIONS, YOU MAY EMAIL ME THROUGH MY WEBSITE, OR LEAVE ME A MESSAGE. THANK YOU!!